



RESTITUTE

AN INTRODUCTION TO OUR SERVICE

Restitute is a multi-award-winning lived experience organisation that supports third-party victims of crime across England and Wales – the parents, carers, partners, siblings and loved ones of people who have survived sexual abuse, sexual violence or other serious violence.

**WE BUILT THE
SERVICE WE WISH
WE HAD RECIEVED**

WHO WE SUPPORT

- Parents, carers, siblings, and other family members who support children who are survivors of sexual abuse.
- The loved ones of adults who have survived sexual assault as an adult or who were sexually abused as children.
- Family and friends who are supporting someone who has suffered violence.
- Parents of children under 18 where there have been instances of sibling sexual abuse or harmful sexual behaviour.
- Partners of those arrested for accessing illegal images of children.

OUR SERVICE DELIVERS

- Practical and emotional support and advocacy for up to a year.
- Early intervention for carers and parents aimed at reducing the risk of drug and alcohol issues, homelessness, poor mental health, domestic violence, poor physical health, sexual and criminal exploitation, prison, and early death for their loved ones.
- Support for carers reducing the risk of poverty, unemployment, poor mental and physical health, and poor educational outcomes for siblings and family breakdown.
- Reduction in financial costs to health, mental health, social care services, police, housing, welfare benefits, and education further downstream.
- All services are free to clients and their families.

WHAT THIRD-PARTY VICTIMS OF CRIME NEED

Suffolk and NE Essex ICB undertook a fact-finding session with parents and carers of survivors of sexual abuse and violence. They reported:

Families need specialised support:

Guidance on their rights.

Practical support for daily life.

Crisis assistance short and long-term.

Trustworthy help focused solely on them.

Families want:

Advocates who are compassionate and trustworthy.

Safe spaces for open communication.

Tailored support for their needs and goals.

Help managing trauma and understanding their rights.

THERE HAVE BEEN TIMES WHEN I'VE HAD LITERALLY NOBODY TO TALK TO ABOUT WHAT WE'RE GOING THROUGH OR HOW I'M FEELING ABOUT IT AND HAVING FIONA [SUPPORT WORKER] TO TALK TO HAS GIVEN ME THE STRENGTH TO PICK MYSELF UP AND CARRY ON.

MOTHER OF CSA SURVIVOR

OUR TEAM

Our work is delivered by a versatile and devoted team, many of whom have lived experience either as a primary or third-party victim of crime and some are former clients. Our own experiences mean we can impart genuinely impactful trauma informed care to individuals and families like ours.

OUTCOMES

We measure well-being, carer confidence, and health at six weeks, midpoint (12-30 weeks), and upon exit. Our goals are to improve each domain by one point at six weeks, three points at midpoint, and five points at exit. Midpoint results may vary as clients reassess their perceptions and build trust with Restitute and their support worker.

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