



RESTITUTE

Restitute referral criteria

At-a-glance guide for professionals

For professionals supporting parents, carers, family members and loved ones.



Restitute supports non-abusing parents, carers, family members and loved ones affected by sexual abuse, sexual violence or other serious violence.

1 Who Restitute supports

- 1 A non-abusing parent, carer, partner, family member or loved one of someone who has survived sexual abuse, sexual violence or other serious violence.
- 2 The reason for referral is that they are caring for, supporting or carrying the impact of what has happened to the survivor.
- 3 Aged 18 or over.
- 4 Aged 16 or 17 only where they are effectively the lead carer and no appropriate adult is managing that role.

Usual route: children are usually supported through the lead carer, not opened separately.

2 Not the right referral route

- The main support need is their own experience as the primary victim/survivor.
- They have a history of perpetrating sexual violence.
- They are seeking support as a family member or loved one of the perpetrator and wish to stay in, restore or maintain an intimate relationship with that person.
- They do not believe the primary victim/survivor.
- Immediate crisis, emergency safety or safeguarding action is needed first.

If clearly outside criteria before onboarding, we will advise the professional referrer.

3 Before you refer

Please confirm you have:

- 1 Sent a copy of our leaflet to the client.
- 2 Spoken to them about the service and explained what we offer.
- 3 Considered the timing of the referral and the client's readiness.
- 4 Completed ONE form for each adult being referred.

Please also check:

- The client knows what information is being shared.
- The client consents to Restitute storing the information.
- The client knows Restitute will contact them.

4 Key caveats

- Restitute is not a general victim service, counselling service, crisis line, domestic abuse service or statutory safeguarding service.
- Restitute does not replace safeguarding, police, mental health crisis support, children's services, adult safeguarding or emergency routes.
- Restitute is not a therapy-only service. Therapy may be considered where the client wants it, is ready for it and it fits the support plan.
- The client has their own support space, separate from any support offered to the primary victim/survivor.

What happens next



Refer online
restitute.org/professional-referral-form/

Questions about whether Restitute is the right fit?
support@restitute.org

